

## **Teacher reflection on climate change:**

Allow yourself to do this personal reflection while in a comfortable place, ideally outside. Writing down your thoughts, feelings, fears and ideas may help you to process what comes to your heart and mind.

Consider how you are personally affected by climate change. Do you experience climate grief or ecological grief? What are the changes you are witnessing and/or anticipating in the environment and community you live in? These effects may be based in your home community where your school is located, and/or the community or communities you originate from.

Consider how climate change affects different people in different places according to their tangible lived experiences, and the experiences of their family and friends. In many parts of the world, it is primarily rural and Indigenous communities who are fighting to protect the natural environment and all the beings (including ourselves) that the earth supports. The health and wellbeing of us all is inextricably linked to the wellbeing of the natural world around us, however it is often communities whose livelihoods and ways of living are still connected to their natural environment who are on the frontlines of the climate crisis – both in experiencing the impacts and also in advocating for solutions.

Now, consider how students in your class may be affected in unique ways by climate change, climate grief or ecological grief. These effects may be based in students' home communities where their school is located, or the communities they originate from (different regions of BC, Canada, or other countries).

Consider the varying degrees of agency to effect change that your students may feel. Remember that each student has their own lived experiences and that you cannot truly know how climate change affects them personally.