

## Carbon footprint colouring activity:

# CARBON FOOTPRINT

**HEATING & COOLING**

- I do not conserve energy
- I try to conserve and do not have a programmable thermostat
- I conserve every chance I get

**WATER**

- I do not conserve water
- I conserve but still need to shower everyday
- I conserve every chance I get

**RECREATION**

- I enjoy carbon intensive activities (i.e: boating, quading)
- I often go to movies, restaurants and/or concerts/games
- I usually just hang out with my friends at one of our houses

**ELECTRICITY**

- I do not conserve electricity
- I think about energy conservation but could do better
- I use energy efficient light bulbs and turn things off every chance I get

**FOOD**

- I eat meat all the time
- I eat meat sometimes
- I'm a vegetarian

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- I do not consider where my food comes from
- I check labels and try to buy local foods
- I eat only the food I grow

**CONSUMPTION**

- I buy anything I want or need and love to shop
- I am not a big shopper but buy whatever I need
- I am an informed eco-shopper
- I shop as little as possible and am considerate of the environment

**DWELLING**

- I live in a 3+ bedroom house
- I live in a 1 or 2 bedroom house
- I live in an apartment

**TRANSPORTATION**

- I drive in a large car everywhere
- I drive in a small car everywhere
- I take the bus to and from school and drive everywhere else
- I try to bike or walk every chance I get
- I walk or bike everywhere

**WASTE**

- I throw all waste in the garbage
- I recycle everything I can
- I compost and recycle

**AIR TRAVEL**

- I travel by plane a couple times a year or travel overseas (outline whole footprint twice)
- I travel by plane every year (outline whole footprint once)
- I never travel by plane

